

# DOUGLAS HEEL

BE ACTIVATED | LEVEL TWO

---

**Saturday 14th February 9am-6pm & Sunday 15th February 9pm-6pm**

---

Nazareth Academy Dining Hall (Main Entrance), 1209 West Ogden Avenue, La Grange Park, IL 60526

---



## ARE YOU READY?

*"The course has reinforced and expanded on the techniques learnt at Level One , whilst moving it all into a dynamic setting. I can use these techniques in conjunction with others to produce fast and lasting results."*

Level Two is where we'll reach a **whole new level of fun** together, based on the strong foundations you've built from Level One.

The aim of Level Two is to **deepen your understanding and excitement** of the techniques, and to answer any questions since taking Level One.

By now you'll have integrated the Be Activated system into your work, and you'll no doubt have questions. Like... ***I want more - what's next?!***

You'll learn how to apply the Activation techniques in wider functional situations, and we'll address any blocks you might be experiencing with your clients.

**“It’s an absolute pleasure to take part in Doug’s courses and be exposed to such exciting, ground-breaking ideas”**

*-JOE KELLY, FUNCTIONAL MOVEMENT SPECIALIST*

**“More fascinating, eye-opening lateral thinking. More miraculous results!”**

*- LEVEL TWO ATTENDANT*



[\*\*Click to watch the video now\*\*](#)

On Level Two we’ll cover **more Activation techniques** to really dig deep, and I’ll demonstrate a full assessment and treatment on a client.

We’ll then build on your knowledge by applying the techniques to **movement patterns, zones of transformation and exercise.**

I’ll introduce to some new concepts around **visual field stress patterns**, and we’ll look at breaking associated belief patterns.

**Be Activated Level Two will reinforce the skills you already have, and equip you with some powerful new tools.**

I look forward to meeting you again,

**Douglas**

**Enrol before January 10th for a reduced price of \$475**

**Cost after January 10th 2015: \$525**

Please make checks payable to **Slow Guy Speed School**

Mail to: **Chris Korfist, 7611 Drew Ave, Burr Ridge, IL 60527**

Any Questions? Contact Chris Korfist at [korfist1@comcast.net](mailto:korfist1@comcast.net) or call 630-267-484

**Please print clearly and provide all information requested below. Send this information with your check on or before January 10th 2015.**

**Name:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Read the latest Be-Activated**

